## **How Flooring Selection Impacts Occupant Wellness:** Hard Surfaces vs. Carpeting

It's important to consider the role that facility design and maintenance has on indoor air quality (IAQ) and occupant wellbeing:





Concentrations of air pollutants indoors can be much higher than outdoors.

Allergies and asthma are prevalent issues affecting the U.S. population:



The number of Americans who suffer from asthma.2



More than 15% of the U.S. population has allergies.3



Allergies are the 6th leading cause of chronic disease in America with an annual cost exceeding \$18 billion.4

Carpet plays a critical role as an air filter by trapping dust, pollen and other particles, taking them out of the breathing zone until they are removed through vacuuming.4



The percentage of dry soil that can be removed from carpet by vacuuming.5



More than half the amount of dust is reduced from air in a room that is carpeted compared to a room with hardwood floors.6



More than double the amount of cleaning is required for hard surface floors than carpeted floors.7

To improve IAQ and keep building occupants comfortable, healthy and happy, implement a comprehensive carpet care program with:



- · Preventative matting at entrances and exits
- · An effective vacuum with a HEPA filter
- · Low-moisture encapsulation equipment and chemistry

To learn more about carpet care the Whittaker way, contact 800.422.7686 or sales@whittakersystem.com.

- Environmental Protection Agency: http://ow.ly/50q350DrMib

- United States Centers for Disease Control and Prevention: http://ow.ly/iSKl50DpvAG
  Asthma and Allergy Foundation of America: http://ow.ly/b27H50DpvD9
  Lang, Susan S. 2001. "Carpets in Schools Don't Compromise Air Quality. Human Ecology quality. (Spring) 29: 24
- 5 Carpet and Rug Institute: http://ow.ly/wcgu50DuzPd
- <sup>6</sup> Carpet Institute of Australia Limited: http://ow.ly/MeYF50DqKah <sup>7</sup> Institute of Inspection Cleaning and Restoration: https://bit.ly/2N9OXXt

